Career Paths: Au Pair is a new educational resource for childcare providers who want to improve their English communication in a work environment. Incorporating career-specific vocabulary and contexts, each unit offers step-by-step instruction that immerses students in the four key language components: reading, listening, speaking, and writing. Career Paths: Au Pair addresses topics including becoming an au pair, au pair agencies, discipline, duties, and establishing relationships with children.

The series is organized into three levels of difficulty and offers a minimum of 400 vocabulary terms and phrases. Every unit includes a test of reading comprehension, vocabulary, and listening skills, and leads students through written and oral production.

Included Features:
- A variety of realistic reading passages
- Career-specific dialogues
- 45 reading and listening comprehension checks
- Over 400 vocabulary terms and phrases
- Guided speaking and writing exercises
- Complete glossary of terms and phrases

The Teacher’s Guide contains detailed lesson plans, a full answer key and audio scripts.

The audio CDs contain all recorded material.
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<td>2</td>
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<td>Describing a person</td>
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<td>6</td>
<td>The Interview</td>
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<td>7</td>
<td>Accepting a Position</td>
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<td>8</td>
<td>What to Pack</td>
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<td>Duties of an Au Pair 2</td>
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<td>Household Items 1</td>
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<td>Household Items 2</td>
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<td>Setting Boundaries</td>
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<td>abide, boundary, confusion, establish, expectation, limitation, misunderstanding, push, rule, unacceptable, understand, unhappy, vague</td>
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<td>4</td>
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<td>age-appropriate, behavior, bribe, consistent, corporal punishment, discipline, discuss, fair, firm, method, praise, punish, scream, shout, time out</td>
<td>Asking for more information</td>
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<td>5</td>
<td>Activities</td>
<td>Journal Entry</td>
<td>arts and crafts, board game, construct, dress up, game, hide-and-seek, make-believe, puzzle, relaxing, sport, story time, tag, video game</td>
<td>Discussing options</td>
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<tr>
<td>6</td>
<td>Getting Around</td>
<td>Note</td>
<td>across, around, between, block, corner, directions, down, left, neighborhood, right, straight, street, traffic light, turn, up</td>
<td>Giving directions</td>
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<td>7</td>
<td>Outings</td>
<td>Magazine Article</td>
<td>amusement park, aquarium, concert, cultural, educational, entertainment, library, movie theater, museum, park, performance, play, swimming pool, zoo</td>
<td>Making a suggestion</td>
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<td>8</td>
<td>Playdates</td>
<td>Advice Column</td>
<td>approval, arrangement, check, date, drop off, friend, invitation, invite, location, pick up, playdate, present, time</td>
<td>Expressing uncertainty</td>
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<td>9</td>
<td>Mealtimes</td>
<td>Note</td>
<td>bread, breakfast, dessert, dinner, drink, food allergy, fruit, healthy, juice, junk food, lunch, meat, milk, picky, snack, vegetable</td>
<td>Offering an alternative</td>
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<td>Bedtime</td>
<td>Blog Post</td>
<td>bath, bedtime, bedtime story, cranky, dark, fear, good night, nighttime, nightmare, protest, sleep, stuffed animal, wind down</td>
<td>Making reassurances</td>
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<td>Helping with Schoolwork</td>
<td>Article</td>
<td>assignment, distraction, encourage, frustration, good example, homework, motivate, project, report, resource, study, subject, supplies, test, worksheet</td>
<td>Offering encouragement</td>
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<td>12</td>
<td>Driving</td>
<td>Pamphlet</td>
<td>borrow, conditions, driver’s education, familiarize, gas, international driving permit (IDP), key, local, mandatory, mileage, opposite, road, seat belt, vehicle, weather</td>
<td>Asking for more information</td>
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<td>13</td>
<td>Free Time</td>
<td>Journal Entry</td>
<td>develop, exercise, free time, friendship, hobby, organization, plan, productive, relax, sightseeing, time off, volunteer</td>
<td>Making plans</td>
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<td>14</td>
<td>Vacations</td>
<td>Email</td>
<td>divide, expire, explore, family vacation, hotel, itinerary, personal, re-entry, return, trip, vacation, vacation time, valid</td>
<td>Expressing enthusiasm</td>
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<td>15</td>
<td>Holidays with a Host Family</td>
<td>Article</td>
<td>celebration, decorate, excitement, festivities, hectic, holiday, involve, leave out, pressure, religious service, season, share, stress, tradition</td>
<td>Showing interest</td>
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<td>Adding information</td>
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<td>2</td>
<td>First Aid and CPR</td>
<td>Blog Post</td>
<td>administer, analgesic, antibiotic ointment, bandage, cold pack, CPR, first aid, first aid kit, first aid manual, gauze, Heimlich maneuver, replace</td>
<td>Making an assumption</td>
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<td>3</td>
<td>Common Illnesses</td>
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<td>cold, cough, diarrhea, ear infection, fever, flu, headache, pink eye, runny nose, sneeze, sore throat, stomachache, strep throat, stuffy nose, symptom, vomit</td>
<td>Describing symptoms</td>
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<td>4</td>
<td>Safety Hazards</td>
<td>Brochure</td>
<td>burn, choke, cleaner, cord, electrocution, fatally, hazard, lock, match, non-toxic, outlet, poison, safety gate, strangle, unattended</td>
<td>Returning to a topic</td>
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<td>5</td>
<td>Chronic Health Problems</td>
<td>Article</td>
<td>asthma, attack, cancer, celiac disease, chronic, congenital heart defect, diabetes, epilepsy, limit, monitor, obesity, treatment, trigger</td>
<td>Expressing sympathy</td>
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<td>6</td>
<td>Special Needs</td>
<td>Webpage</td>
<td>autism, developmental disability, disability, guidance, impairment, learning disability, mental illness, mobility, physical limitation, special needs, understanding</td>
<td>Asking for more information</td>
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<td>7</td>
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<td>Guidelines</td>
<td>accredited, advisor, contribute, credit, distance learning, education, enrollment, institution, internship, non-credit, online course, requirement, selection, study abroad</td>
<td>Stating requirements</td>
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<td>8</td>
<td>Insurance</td>
<td>Pamphlet</td>
<td>accident insurance, benefits, claim, co-payment, coverage, deductible, dental insurance, exclusion, health insurance, insure, policy, provider, reimbursement, travel insurance</td>
<td>Agreeing with a suggestion</td>
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<td>9</td>
<td>Language Barriers</td>
<td>Blog Post</td>
<td>accent, clarification, communication, enunciate, foreign language, gesture, immerse, language barrier, misunderstanding, picture, practice, relax, simple, slang</td>
<td>Giving encouragement</td>
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<td>10</td>
<td>Payment</td>
<td>Handbook Excerpt</td>
<td>bill, checking account, coupon, deal, manage, pocket money, rent, save, savings account, spend, stipend, tax, treat, unexpected</td>
<td>Talking about plans</td>
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<td>11</td>
<td>Communicating Problems to Host Parents</td>
<td>Brochure</td>
<td>avoid, build up, conflict, considerate, focus, honest, lack, miscommunication, positive, problem, resentment, resolve, respectful, three point meeting</td>
<td>Bringing up a problem</td>
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<td>12</td>
<td>Cultural Differences</td>
<td>Pamphlet</td>
<td>affection, concept, cultural differences, culture shock, definition, discomfort, display, emotion, hand signal, manners, nationality, offense, personal space, taboo</td>
<td>Making observations</td>
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<td>13</td>
<td>Homesickness</td>
<td>Journal Entry</td>
<td>alone, busy, conversation, distraction, embrace, engage, hang up, hide, homesick, lifetime, lonely, sign up, subscribe</td>
<td>Expressing guilt</td>
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<td>14</td>
<td>Rematch</td>
<td>Guidelines</td>
<td>adjust, alternate, compatible, exit interview, flexible, house, initiate, mistreat, notify, personality, possibility, rematch, replacement, two week notice</td>
<td>Talking about possibilities</td>
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<td>15</td>
<td>Departing a Position</td>
<td>Article</td>
<td>circumstance, correspond, criticize, departure, extend, forget, goodbye, gossip, note, prepare, private, transition, traumatic</td>
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Setting expectations and limitations is part of your role as an au pair. You will be expected to enforce those already established by your host parents. But as their caregiver, you will also need to set your own rules for the children. Make sure your rules are clear and that the children understand them. Vague rules lead to misunderstandings of what is acceptable or unacceptable. The children may be unhappy about having to abide by your rules at first. As a result, they may try to push the boundaries. Do not give in. This gives children the impression that your rules are flexible. As a result, there will be confusion about what you will tolerate. Additionally, discuss why the rules are important. Children like to be told the reason for doing things. So if they realize a rule is to keep them safe, they are more likely to obey it.

Vocabulary

Match the words (1–8) with the definitions (A–H).

1 ___ abide 5 ___ expectation  
2 ___ boundary 6 ___ push  
3 ___ confusion 7 ___ understand  
4 ___ establish 8 ___ vague  

A the limit of an activity or experience  
B to start something or to set it up  
C to accept something  
D to know what something means  
E a standard of conduct that is expected of someone  
F not clearly defined  
G a feeling of not understanding something or of being unable to decide what to do  
H to extend something beyond its limits

Get ready!

Before you read the passage, talk about these questions.

1 Why is it important to set boundaries?
2 What are some things to consider when setting boundaries?
Write a word that is similar in meaning to the underlined part.

1. The au pair set some **restrictions** on the children’s behavior. __i_i_ a t o __

2. The au pair had a **standard** that is intended to guide a person’s behavior or actions about being polite to strangers. __ u e __

3. The au pair found the child’s temper tantrum **below the expected standards** for behavior. __ n c e t b e __

4. The child was **sad and displeased** with the au pair’s rule. __ u h p y __

5. The au pair and the host parent had a **failure to understand something correctly**. __ s n e a d n __

Listen and read the manual excerpt again. What reaction might children have to an au pair’s rules?

Listening

Listen to a conversation between an au pair and a child. Choose the correct answers.

1. What is the conversation mostly about?
   - A. the importance and reason behind a rule
   - B. why the boy’s cross attitude is rude
   - C. why au pairs need to have boundaries
   - D. the dangers of getting lost in a crowd

2. What will the boy probably do next?
   - A. cross the road with the au pair
   - B. find the au pair in the crowd
   - C. list the au pair’s other rules
   - D. check for cars in both directions

Listen again and complete the conversation.

Au Pair: Stop! John, 1 ___________ cross the street yet!
Child: Why not?
Au Pair: You’re 2 ___________ hold my hand, remember?
Child: 3 ___________ you have that rule. I don’t need help crossing the street.
Au Pair: I know you don’t need help. But there are a lot of people around. What if we 4 ___________ and I couldn’t find you?
Child: Oh, I didn’t think of that.
Au Pair: I would be really scared and 5 ___________ if you were lost. How would you feel?
Child: 6 ___________ too.

Speaking

With a partner, act out the roles below based on Task 7. Then, switch roles.

USE LANGUAGE SUCH AS:

What if ...
Do you understand ...?
I’m sorry ...

Student A: You are an au pair.
Talk to Student B about:
- the rule
- the reason for the rule
- crossing the street safely

Student B: You are a child. Talk to Student A about crossing the street.

Writing

Use the conversation from Task 8 to write a brochure from the au pair agency about the importance of rules.

The Importance of Rules

Host parent rules: ____________________________________________________________

Your own rules: ____________________________________________________________

Why boundaries matter: ____________________________________________________
Departing a Position

Get ready!

Before you read the passage, talk about these questions.

1. Why do au pairs depart positions?
2. What are some things au pairs can do to prepare children for their departure?

Au pairs may leave positions for several reasons. Their contracts may be up and have not been extended, or other circumstances compel them to leave. Before au pairs make a departure from a position, it is best to prepare the children. Even though they may have been told their au pair’s stay was temporary, it can still be traumatic to say goodbye. This is especially true if an au pair and the children were very close. Au pairs should reassure children that they won’t forget them. Au pairs should tell them they will correspond with them.

Another way to make the transition easier is if the outgoing au pair meets the new au pair. The outgoing au pair can show the new au pair how things work. He or she can also allow the new au pair time alone with the children but still be a reassuring presence. However, the outgoing au pair should not criticize the new au pair in front of the children if he or she makes an error. Corrections should be made in private. Also, the outgoing au pair should not gossip about the host parents to the new au pair. Finally, it is helpful if the outgoing au pair leaves notes for the new au pair about daily routines and the children’s likes and dislikes.

Vocabulary

Match the words or phrases (1-7) with the definitions (A-G).

1. extend
2. prepare
3. criticize
4. private
5. transition
6. goodbye
7. circumstance

A. a condition that affects what happens
B. to express disapproval of someone’s actions or appearance
C. to increase the length of time something lasts for
D. to get someone ready for something to happen
E. used when people part ways or end a phone conversation
F. a process of change
G. done in a secluded area away from other people

Reading

Read the article. Then, mark the following statements as true (T) or false (F).

1. Au pairs may depart a position when their contracts are not extended.
2. Au pairs should offer to write to the children after they leave.
3. Outgoing au pairs should tell new au pairs personal information about the host parents.

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Writing

Use the article and conversation from Task 8 to write a note to the incoming au pair. Include what the child likes, what he or she dislikes, and the daily routine.

Speaking

With a partner, act out the roles below based on Task 7. Then, switch roles.

USE LANGUAGE SUCH AS:

You know that ..., right?
I could never ...
Don’t worry.

Student A: You are an au pair. Talk to Student B about:
• your last day
• corresponding with each other
• what you will discuss with the new au pair

Student B: You are a child. Talk to Student A about his or her last day as your au pair.

Listening

Listen to a conversation between an au pair and a child. Choose the correct answers.

1 What is the purpose of the conversation?
   A to discuss what the new au pair will be like
   B to talk about the woman’s departure
   C to explain why the woman is leaving
   D to decide how often to correspond

2 What can be inferred from the conversation?
   A The new au pair will not be as nice as the woman.
   B The woman will forget the boy after she returns home.
   C The boy is sorry that the woman will be leaving.
   D The woman does not want to extend her contract.

Listen again and complete the conversation.

Au Pair: David, you know that tomorrow is my 1 _________ _________ as your au pair, right?
Child: Yes, but I don’t know why you have 2 _________ _________.
Au Pair: Well, my contract is up. Since we 3 _________ _________ it once, we can’t do it again. It’s time for me to go home.
Child: Will 4 _________ _________ to me?
Au Pair: Of course I will. I’ll 5 _________ with you as much as you want.
Child: Good. That way, you won’t 6 _________ _________ _________.
obesity [N-UNCOUNT-U5] Obesity is a medical condition characterized by excessive body fat that may cause health problems.

offense [N-UNCOUNT-U12] Offense is a feeling of displeasure, anger, or hurt.

online course [N-COUNT-U7] An online course is a class a person takes via a computer with an Internet connection.

outlet [N-COUNT-U4] An outlet is a receptacle for an electric plug so that power is supplied to a device.

paramedic [N-COUNT-U1] A paramedic is a person trained to provide emergency medical treatment outside of a hospital setting.

personal space [N-UNCOUNT-U12] Personal space is the area immediately around a person in which he or she may be uncomfortable if another person is in that area.

personality [N-COUNT-U14] A personality is someone’s set of characteristics that make up their attitudes, interests, behaviors, and social roles.

physical limitation [N-COUNT-U6] A physical limitation is something that stops a person from moving or controlling their body in the way that they want, or in the way that most people can move.

picture [N-COUNT-U9] A picture is something that someone has drawn.

pink eye [N-UNCOUNT-U3] Pink eye is an eye infection caused by bacteria or viruses that is characterized by redness, itchiness, and yellow, white, or green discharge that may harden into a crust.

pocket money [N-UNCOUNT-U10] Pocket money is a sum of money that is used to purchase unnecessary items.

poison [N-COUNT-U4] A poison is a substance that can cause illness, injury, or death if it is consumed.

police [N-UNCOUNT-U1] Police are the people whose job it is to ensure that laws are being obeyed and prevent crimes from taking place.

policy [N-COUNT-U8] A policy is a contract between an insurance company and a person that lists the terms of insurance coverage.

positive [ADJ-U11] If something is positive, it is beneficial and good.

possibility [N-COUNT-U14] A possibility is a suitable option among several choices.

practice [V-T-U9] To practice something is to do it over and over in order to improve at it.

prepare [V-T-U15] To prepare someone is to get them ready for something to happen.

private [ADJ-U15] If something is private, it is done in a secluded area away from other people.


provider [N-COUNT-U8] A provider is someone who offers a service such as a dentist or doctor.

reimbursement [N-UNCOUNT-U8] Reimbursement is the act of paying someone back for money they spent or as compensation for loss or damage.

relax [V-I-U9] To relax is to be at ease and not anxious.

rematch [N-COUNT-U14] A rematch is when an au pair and host family are not compatible and one or the other wants a replacement.

rent [N-UNCOUNT-U10] Rent is the payment made to someone while living in or occupying his or her property.

replace [V-T-U2] To replace something is to put it back in place.

replacement [N-COUNT-U14] A replacement is someone who takes the place of someone else.

requirement [N-COUNT-U7] A requirement is something that is needed.

resentment [N-UNCOUNT-U11] Resentment is bad feelings that result from a sense of being treated badly.

resolve [V-T-U11] To resolve a problem is to find a solution to it.

respectful [ADJ-U11] If someone is respectful, he or she shows deference due to someone’s age, position, or personal character.

route [N-COUNT-U1] A route is a path or road someone takes to get somewhere.

runny nose [N-COUNT-U3] A runny nose is the excessive production of mucus in the nose which can make it difficult to breathe and often mucus streams out of the nose.

safety gate [N-COUNT-U4] A safety gate is a device that fits across an opening to prevent small children from accessing areas that may pose a hazard, such as staircases.
Career Paths: Au Pair is a new educational resource for childcare providers who want to improve their English communication in a work environment. Incorporating career-specific vocabulary and contexts, each unit offers step-by-step instruction that immerses students in the four key language components: reading, listening, speaking, and writing. Career Paths: Au Pair addresses topics including becoming an au pair, au pair agencies, discipline, duties, and establishing relationships with children.

The series is organized into three levels of difficulty and offers a minimum of 400 vocabulary terms and phrases. Every unit includes a test of reading comprehension, vocabulary, and listening skills, and leads students through written and oral production.

Included Features:
- A variety of realistic reading passages
- Career-specific dialogues
- 45 reading and listening comprehension checks
- Over 400 vocabulary terms and phrases
- Guided speaking and writing exercises
- Complete glossary of terms and phrases

The Teacher's Guide contains detailed lesson plans, a full answer key and audio scripts.

The audio CDs contain all recorded material.